



Coronary Health Improvement Project (CHIP) Leadership Training Workshop



Thank You—for your interest in bringing the Coronary Health Improvement Project, CHIP, to your conference or local Seventh-day Adventist church and the surrounding community.

Rationale for Training: The Adventist CHIP Association (ACA) works in collaboration with Dr. Hans Diehl of Lifestyle Medicine Institute to ensure that churches are fully prepared to present this standardized, life-changing ministry of healing in a confident and professional manner.

Created by Dr. Hans Diehl, the CHIP 30-day program features 16 video lectures and addresses the major western diseases including Diabetes, Cancer, Atherosclerosis, Hypertension, and Obesity.

CHIP is currently the only Adventist health education program whose stunning results have been published in many peer-reviewed medical and health journals. (Read more about it here - <http://www.chipealth.com/scientific.html>) At the close of each program, clinical data is forwarded to a central data bank for possible further research. For this reason, it is essential to maintain a standard of quality and excellence that will not only exceed the expectations of those attending, but will ensure quality data for research purposes.

Workshop Description: A 10-15 hour workshop will provide training that will equip individuals to conduct CHIP in their local churches and communities. Participants will learn how to:

1. Obtain church support for CHIP as an evangelistic tool
2. Market CHIP and conduct the free Information Sessions
3. Run the HeartScreen event and manage the clinical and demographic data
4. Prepare for and conduct the 16 class sessions
5. Teach the nutritional workshop and take people through the grocery shopping tour
6. Celebrate the graduation
7. Provide for alumni support activities

Workshop Schedule:

1. Ten to fifteen hours of training will be scheduled to fit each situation.
2. Only 2-3 hours of workshop training may be assigned to Sabbath. This time may be spent focusing on our overall mission and the spiritual emphasis.
3. Scheduling should take into consideration possible conflicts with other church-related activities.

Workshop Venue: Options may include:

1. A school/college/university campus auditorium or classroom during vacation times
2. A church conference camp
3. A local church fellowship hall

Number of Trainees Per Church: Because CHIP is an intensive lifestyle change program, it requires a team of individuals to ensure a quality. It is recommended that each church send three (3) individuals for training who will in turn prepare other volunteers in the local church. Primary roles that will need to be filled include:

1. Program director who leads out in each class and in the overall planning.
2. HeartScreen coordinator who oversees the pre and post clinical evaluation.
3. Nutrition coordinator who arranges for the HeartScreen breakfasts, class food samples, the nutritional workshops, and grocery shopping tours.

Cost of Workshop:

1. The early bird cost is \$250/church team of three. Regular cost: \$300/church team.
2. Additional individuals: \$50/person.
3. Materials included in the fee:
 - a. Per Church: One *CHIP Operations & Resource Manual*. This is the guide for conducting the program. (\$85 value)
 - b. Per Church: One *Introducing CHIP* DVD used at all advertising information session (\$8 value) and *Absolute Advantage* magazine (\$7 value).
 - c. Per Church: One *CHIP for Your Church* DVD and one pack of 10-12 *Consider CHIP for Your Church* brochures. (\$4)
 - d. Per Individual: One *Workshop Workbook* and additional handouts and brochures (\$12 value)

Lodging: The host organization will provide lodging options for participants and these will be made available as a part of the Workshop Advertising and Registration materials designed for each individual workshop. Registrants will make their own reservations. Cost of lodging is paid by the participant and is not included in the cost of the workshop. This may include:

1. Dormitory rooms if held near a boarding school or college/university during a break in the normal school schedule.
2. A lodge or Conference Camp
3. A list nearby motels/hotels
4. A list of private homes willing to accommodate guests

Meals: It is recommended that the host or designee provide two or three meals/day to be charged to the participants at a reasonable price/meal. Possible options will be explained with the Workshop and Registration materials designed for each individual workshop.

1. Campus cafeteria meals.
2. Conference camp meals
3. Meals provided by the Pathfinders, or some other church group, as a fundraiser.

Workshop Instructors: The Adventist CHIP Association will send one to three instructors depending on the size of the workshop and the needs. They will provide for their own transportation (air and ground), but expect the host to provide meals and lodging.

Sponsorship: A workshop must be sponsored by a local Adventist church or Conference. Local churches are requested to enlist the written approval and/or support of their local Conference.

Advertising the Workshop: It is recommended that the local conference advertise the workshop to all of its churches. Advertising materials and suggestions will be provided by the ACA.

Registration for Workshop:

1. Attendees register by churches with the Adventist CHIP Association using form provided
2. Lodging and meal reservations must be made separately according to instructions provided in the advertising materials for each workshop.
3. Sample registration and description forms ([click here](#))

To Schedule a Workshop
Call toll-free 1-866-732-2447
OR
Email info@adventistCHIP.org.