



Coronary Health Improvement Project (CHIP)

Leadership Training Workshop

Sunset Lake, Washington – October 7-10, 2010



The **Adventist CHIP Association** in partnership with the **Washington Conference of Seventh-day Adventists** presents a CHIP LEADERSHIP TRAINING WORKSHOP.

Place: Sunset Lake Camp -- 30811 Quinnon Road, Wilkeson, WA 98396 -- **Phone:** 360-829-0311

Website: www.sunsetlake.org

Workshop Description: This workshop will train individuals to conduct the Coronary Health Improvement Project (CHIP) in their local churches and communities. Created by Dr. Hans Diehl, the CHIP 30-day program features 16 video lectures and addresses the major western diseases including Diabetes, Cancer, Atherosclerosis, Hypertension, and Obesity. CHIP's outstanding clinical results have been published in peer-reviewed medical journals including *Journal of the American Dietetic Association*, *Preventive Medicine*, and the *American Journal of Cardiology*.

Scores of churches around North America are finding that CHIP ministry is not only changing members' lives, but is also making new friends for the church, for time and for eternity!

Workshop Schedule

Thursday, October 7

3:00-7:00 pm—Check-In & Materials
5:30-6:00 pm—Supper served
7:00-9:00 pm—Workshop

Friday, October 8

7:30-8:00 am—Breakfast served
9:00-12:30 pm—Workshop
12:30-1:00 pm—Lunch served
2:00-5:30 pm—Workshop
5:30-6:00 pm—Supper served
7:00-8:30 pm—Vespers & Sharing

Sabbath, October 9

7:30-8:00 am—Breakfast served
9:00-12:00 pm—Sabbath School & Church
12:30-1:30 pm—Lunch
2:00-4:00 pm—Walking & Resting
4:00-5:30 pm—Workshop
5:30-6:00 pm—Supper served
7:00-8:30 pm—Spiritual Connection & Vespers

Sunday, October 10

7:30-8:00 am—Breakfast served
9:00-12:30 pm—Workshop
12:30-1:00 pm—Lunch served

Workshop Registration Fee/Church Team: (for up to 3 persons attending from one church)

- Early Bird Rate by September 27, 2010: \$250/church team
- Regular Rate after September 27, 2010: \$250/church team

Included in the Fee: Each person receives a Workshop Workbook and each Church receives:

- *CHIP Operations & Resource Manual* (300pg)
- *Introducing CHIP* promotional DVD (11 min)
- *Absolute Advantage*, 66-page marketing tool
- *CHIP in Your Church* DVD (45 min)
- *Consider CHIP for Your Church* brochures
- *Take Charge of Your Health* (160pg)

Housing: To reserve lodging at Sunset Lake Camp, contact Peggy West by phone at 423-546-4719 (Eastern) or by email at westpeggy@comcast.net. Fees vary for tents, RV's, and cabins. For motel options see our website (www.adventistchip.org) under "Leadership Training."

Meals: Thursday supper through Sunday noon meals will be served in the Sunset Lake dining room and should be ordered and prepaid using the Workshop Registration form.

For Further Information

www.adventistCHIP.org

423-546-4719

info@adventistCHIP.org

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